



SEDOL Parent Support Group

The SEDOL Parent Support Group, active in its ninth year, meets monthly through the school year, in order to provide information and support to parents of children with Autism and Developmental Disabilities. The SEDOL Parent Support Group is facilitated by a group of SEDOL staff. Support and information are provided through meetings, presentations on topics of interest, “Monthly Notes” which document pertinent information from meetings, and social media and online networking by parent members. All meetings and presentations are free and open to the public and are held at SEDOL and in community locations.

The SEDOL Parent Support Group also collaborates with Laremont School to provide support for brothers and sisters of children with disabilities, through a SibShop Program. Additional resources, such as the Parent Recommended Resource Guide, can be found under the “Parents” tab on SEDOL’s main web page.

Past Parent Programs have included: ABC's of Behavior Management; Crisis Prevention Training for Parents; Use of Technology; Transitions during School Years and Planning for Transitions Beyond the School Years; Use of Visual Supports, Schedules, and Sensory Supports at Home; Sibling Relationships; Successful Home and School Collaboration; Relaxation and Self-Calming for Parents and Children; Puberty, Sex Education, and Relationships for People with Autism; Evidence-Based Therapies; and Conversations with an Adult with Autism.

Questions may be directed to Michelle Carlson, Parent Support Group Co-Facilitator, at mcarlson@sedol.us or 847-986-1099 ext. 3002.

We look forward to meeting you!

SEDOL Parent Support Group Facilitators

- *Vanessa Johnson, Sector Social Worker (vjohnson@sedol.us)
- * Laura Mclaughlin, Private Placement Social Worker (lmclaughlin@sedol.us)
- *Sheila Geier, Laremont Social Worker (sgeier@sedol.us)
- *Lynda Osmanski, Laremont Social Worker (losmanski@sedol.us)
- *Jody Yeh-Shinbrood, Laremont Social Worker (jyeh-shinbrood@sedol.us)
- *Katy Schurke, Laremont Social Worker (kschurke@sedol.us)